

SPA

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*The*  
*Landmark*  
LONDON

TREATMENT MENU



#### **SPA AT THE LANDMARK LONDON**

Retreat to The Spa at The Landmark London, an oasis of luxury in the heart of London. Our beautifully decorated lifestyle spa and wellness centre cares for your total renewal and well-being, bringing you only the very best to sculpt your body, centre your mind and nourish your soul.

We understand that every guest is unique and the individual needs of our guests are of utmost importance to us. We are committed to providing a high quality and personalised service.

#### **GERMAINE DE CAPUCCINI**

In partnership with Germaine de Capuccini, one of Europe's leading skin care houses, we offer a range of stunning face and body treatments, including traditional and ritualistic therapies that use the best products with the finest ingredients. From pampering massages and body care therapies to exceptional facials, you will be spoilt for choice.

With one of the most advanced laboratories in the world and combining natural active ingredients with cutting edge technology, Germaine de Capuccini bring some of the most influential skin care products and professional spa therapies that the beauty industry has ever seen.



## SPA & WELLNESS FACILITIES

The Spa at The Landmark London offers an array of facilities to make your experience with us as enjoyable and relaxing as possible.

Both male and female changing rooms offer a beautiful mosaic tiled steam room. The steam will cleanse your skin, help to clear your breathing, relax your muscles, open your pores and let the toxins seep out. The Spa's Sanarium is ideal for enjoying a complete heat experience. Less intense than a sauna at 60 degree Celsius and much more pleasant, it uses aesthetic lighting and music elements, with a feeling of natural warmth, making your muscles warm and supple.

The Spa at The Landmark London boasts a chlorine-free Jacuzzi which provides a large number of benefits, including relieving fatigue, preventing stiffness, reducing stress by releasing endorphins and soothing the muscles. The Jacuzzi features a stimulating swan neck to massage your aching muscles.

Our relaxation area is an exclusive space for you to extend your tranquil experience after your spa treatment. It will stimulate your senses using aromatherapy oils and mood lighting. Escape into a deeper state of relaxation on our loungers and treat yourself to complimentary refreshments, fresh fruits and herbal teas.

## MEMBERSHIPS

### **GYMNASIUM**

Our gymnasium is fully equipped with the latest techno gym machinery, ready to meet your fitness needs. The new Kinesis Heritage and Kinesis Station machines will enable you to perform over 160 different exercises using only four pieces of equipment. We also have a free weights section that is perfect to engage in exercises that will help you sculpt your body.

### **SWIMMING POOL**

The 15-metre chlorine-free swimming pool is a rare find in the heart of the city. If you are looking for a few leisurely strokes or something a little more energetic, our swimming pool is the place for you.

### **SPA MEMBERSHIPS**

Both Full and Day Memberships are available at The Spa at The Landmark London. Both Memberships include full use of the 15-metre swimming pool, steam rooms, fitness studio, jacuzzi and sanarium. We can also offer a Gym or Swim only Membership option if this is more suited to your fitness requirements. For further information regarding our Membership tariffs please contact The Spa at The Landmark London reception team who will be more than happy to advise you.



## Signature Treatments

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### THE LANDMARK LONDON ELIXIR

*Travel through the East with our indulgent ritual*

Your journey commences with our Exotic Orient body exfoliation that combines exquisite spices together with resins, woods, bamboo and poppy seeds to gently buff and polish.

Sink into a deeper form of relaxation with a cinnamon warming body massage, rich in antioxidants and Vitamin E applied using our warm shells.

Finally, enjoy an infusion of wild roses with our exquisite Rose facial therapy with a highly anti-stress action completed with the Kirei Lifting Facial massage.

*2 hours 20 minutes: weekdays £220 // weekends £230*

### THE LANDMARK LONDON TEA DREAMS

*“Tea is a religion of the art of life.”  
– Kakuzō Okakura*

Keep all your worries away with an exclusive antioxidising full body massage and facial therapy.

Your experience begins with a highly relaxing full body massage using your choice of Green Tea Oil (for anti-ageing benefits) or Black Tea Oil (to improve suppleness), both rich in minerals and antioxidants.

Continue to relax with our organic White Tea Facial, to deeply nourish and re-energise the skin allowing it to regain a more radiant and fresh complexion.

*80 minutes: £165 weekdays // £175 weekends*

#### **UPGRADE YOUR EXPERIENCE...**

You can upgrade your Tea Dreams experience and enjoy an additional invigorating Jeju exfoliation.

Our Bamboo Scrub protects the skin against the negative effects of free radicals, followed by the application of our Jeju Volcanic Water rich in minerals, nourishing salts and Hyaluronic Acid to deeply hydrate the skin.

*Additional 30 minutes: £195 weekdays // £205 weekends*

## FACIAL THERAPIES

### YOUR PRESCRIPTIVE TICKET

This prescriptive treatment is designed especially for your skin's needs regardless of your skin type, age or concerns. It includes a highly relaxing lymphatic drainage facial massage with a scalp massage, leaving your skin feeling fresh, clear and radiant.

*50 minutes: £95 weekdays // £105 weekends*

### THE LANDMARK LONDON ROSE GARDEN

This stunning and intensive therapy uses essence of flowers and plants in a concentrated formula with a highly active anti-stress action. Combining petals of the Gallic Rose and extracts of the Arctic Rose, Black Rose, White Rose and the Nepalese Rose your skin is soothed, hydrated and nourished. During this treatment the natural scents of the various roses will promise an emotional sense of wellbeing.

*50 minutes: £95 weekdays // £105 weekends*

### PUREXPERT RE-BALANCE

A purifying facial to reduce oiliness and spots. Purexpert commences with an enzyme packed gel to extract blackheads and whiteheads, followed by a red clay mask to deeply cleanse and reduce the size of the pores. The treatment concludes with a Blemish Balm (BB) Cream to leave the skin smooth and hydrated. After just 1 treatment, 98.6% of clients had cleaner skin with a more matte appearance\*.

*50 minutes: £95 weekdays // £105 weekends*

\*Self-assessment test after 1 treatment

### DIAMOND NOIR

A result driven facial, our Diamond Noir intensive anti-ageing therapy is based on the skincare benefits offered by stones, crystals and minerals. Rich in zinc and iron this treatment regenerates and restores the skin's youthfulness, increasing the skin's luminosity and combating the signs of ageing.

*50 minutes: £95 weekdays // £105 weekends*

### HONEY & ROSE

This beautiful facial therapy is rich in natural botanical and restorative ingredients, such as rose petals, rose hip oil and royal jelly, all with a highly soothing and anti-stress action on the skin. This facial nourishes, repairs, protects and strengthens the skin

*50 minutes: £95 weekdays // £105 weekends*

### EXCEL THERAPY O2 CITYPROOF

Two revolutionary masks work to repair and defend the skin against pollution damage and external stress. Our oxygenating bubble mask releases pure oxygen into the deep dermal layers of the skin. A second mask uses our Dual Matrix technology to activate the skin's immune system, increasing its defense capability. This therapy also includes a highly relaxing, lymphatic facial massage to de-stress and detoxify the skin.

*65 minutes: £105 weekdays // £115 weekends*

## ANTI-AGEING FACIAL THERAPIES

### TIMEXPERT C+ ANTI-GLYCATION

Illuminating facial to combat the first signs of ageing. This advanced anti-glycation facial utilises the benefits of Ume extract to fight against the damaged elastin and collagen fibres caused by sugar and UV radiation. Additional Vitamin C derivative provides a powerful antioxidant, protector and firmer, offering the skin a healthy glow. In just one session, 97% of clients declare their skin is smoother, more radiant and healthy\*.

*80 minutes: £115 weekdays // £125 weekends*

\*Self-assessment test on 123 individuals after 1 treatment

### TIMEXPERT SRNS GLOBAL ANTI-AGE ON

An anti-ageing face and eye treatment based on the science of epigenetics. Every day, thousands of our cells are damaged by lifestyle and environmental aggressions. Over time, the gene structure within these cells becomes unable to repair itself and stops producing essential proteins that naturally slow down the ageing process. Global Anti-age ON reactivates these dormant genes and boosts cellular regeneration using "Epigenol" and "Zinc-Glycine Complex". A powerful all-round anti-ageing treatment that provides firming, wrinkle reduction, revitalisation, improved pigmentation and hydration. 99% of clients have firmer, more supple and nourished skin after a single session\*.

*80 minutes: £115 weekdays // £125 weekends*

\*Self-assessment test on 173 individuals after 1 treatment

### TIMEXPERT LIFT & CONTOUR

The ultimate facial to lift, contour and re-define facial features. At the heart of this treatment lies our unique and exclusive complex, V-Matrix. With flaccidity in the skin beginning in the deepest layers, V-matrix works at the root of the problem to rebuild and restructure the dermis, transforming the skin from the inside out. 100% of clients have a more defined facial contour after a single session\*.

*80 minutes: £115 weekdays // £125 weekends*

\*Self-assessment test on 111 individuals after 1 treatment

## BODY THERAPIES

### **HOLISTIC HOT & COLD STONE MASSAGE**

An ancient therapy based on the wisdom of the Incas that combines warm Obsidian stones with cold Onyx stones to release energy and emotions, leaving you in a deep state of relaxation, wellbeing and total serenity. This beautiful massage provides the most incredible sensations, delivering the perfect balance between mind, body and spirit.

*80 minutes: £155 weekdays // £165 weekends*

### **HOT PINDA PARADISE**

This relaxing massage uses exquisite oriental flowers and Macadamia oil together with pindas containing exotic spices such as cardamom, cinnamon and poppy seeds. The steamed pindas are dipped within the warm oil allowing the exquisite aromas to be released whilst you relax. They are then massaged over the body, for a totally invigorating massage.

*50 minutes: £100 weekdays // £110 weekends*

### **MEDITERRANEAN CANDLE MASSAGE**

A warm, full body massage with energising crystals. Choose one of our Mediterranean inspired massage candles; Lavender, Olive or Citrus which will be burned whilst energising crystals are applied to the body's Chakra points creating a sense of harmony. The warm oil from the candle is then poured over the body for a prolonged massage. This indulgent massage will ease tension whilst natural antioxidants hydrate and nourish the skin.

*50 minutes: £100 weekdays // £110 weekends*

### **AROMATIC MASSAGE**

Indulge in a beautiful aromatherapy massage using a customised blend of aromatherapy oils to meet your needs. Choose from one of the following:

Vitality – Natural tone, vitality, energising

Relax – Peace, tranquillity, deep relaxation

Active – Total well-being

Svelte – A perfect silhouette and tone

Aqua – Natural moisturising

*50 minutes: £95 weekdays // £105 weekends*

*80 minutes: £145 weekdays // £155 weekends*

### **DEEPLY WARMING BACK NECK & SCALP**

Focusing on the back, neck and scalp this treatment begins with a deep back massage that helps ease muscle tension as well as soreness.

Continue to relax whilst our highly nourishing Baobab Oil is applied and massaged into the scalp and hair. Your treatment is complete with a series of stretches to the neck and shoulder area.

*50 minutes: £95 weekdays // £105 weekends*

### **DEEP TISSUE MASSAGE**

A massage therapy aiming to work on deeper layers of the muscles by using slow movement and firm pressure techniques. It helps ease off tension, eliminates toxins and helps strained muscles strengthen and heal.

*50 minutes £110 weekdays, £120 weekends*

*80 minutes £155 weekdays, £165 weekends*

### **PHYTOCARE BAOBAB RITUAL**

An energising full body massage & exfoliation Using ethically sourced Baobab seed oil, this African-inspired full body massage promises an invigorating, stress-reducing experience. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity, making it the ideal pregnancy treatment.

*65 minutes: £110 weekdays // £120 weekends*

### **REFLEXOLOGY THERAPY**

This holistic treatment uses focused pressure techniques working to keep the body in balance. It helps activate its natural abilities to heal itself and restore the body back to its normal harmonic state.

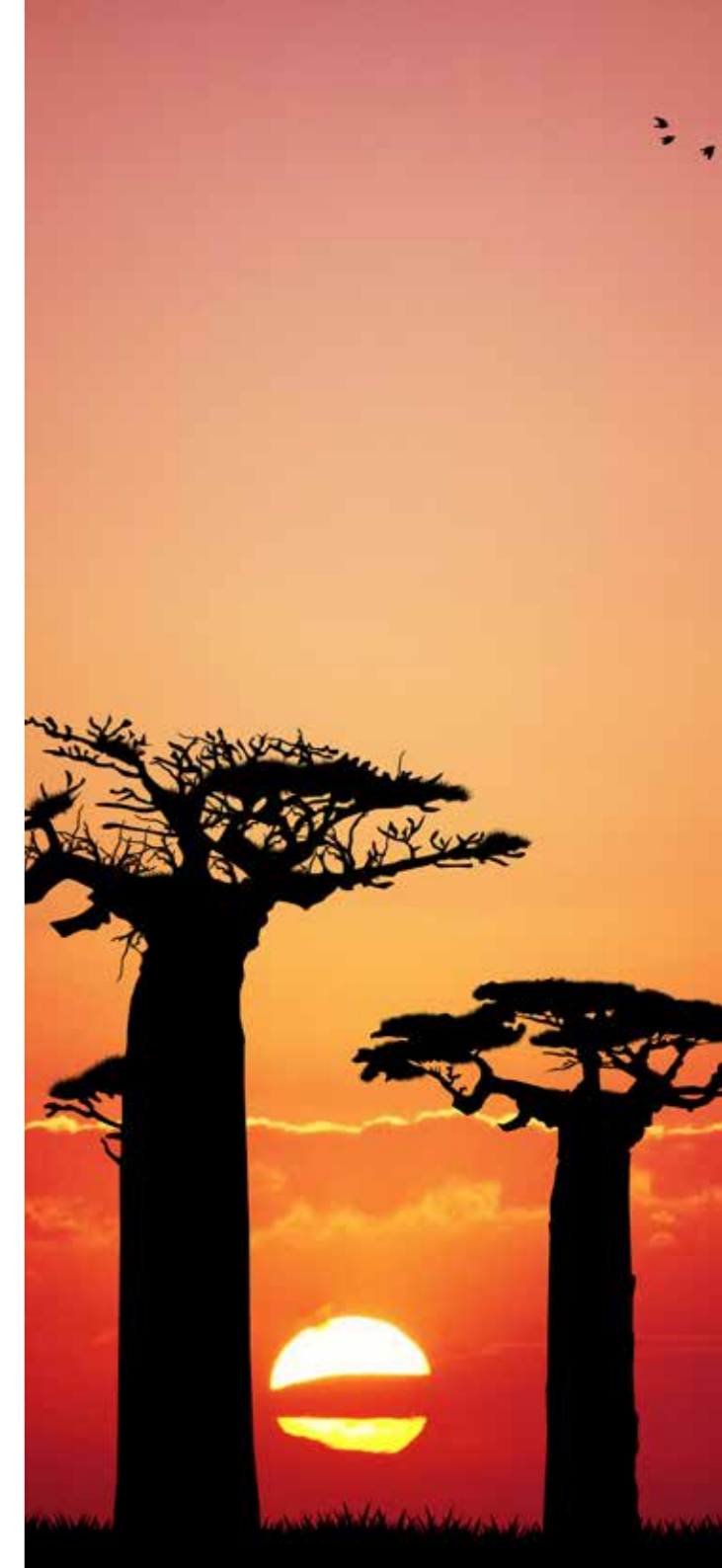
*50 minutes: £100 weekdays // £110 weekends*

### **TRAVELLER'S MASSAGE (JET LAG)**

This treatment helps alleviate the symptoms of the jet lag and allows your internal body clock to adjust naturally. Using essential oils with special massage techniques your Traveller's Massage focuses on the calves, legs, back, shoulders and neck.

*50 minutes: £105 weekdays // £115 weekends*

*80 minutes: £150 weekdays // £160 weekends*



## BODY WRAPS

## PREGNANCY TREATMENTS

## MENS TREATMENTS

## ADD ON THERAPIES

### **TIMEXPERT C+ BODY ENVELOPMENT**

This treatment provides an extraordinary regenerating effect on the body, stimulating collagen production to improve firmness and suppleness. Your treatment starts with a body polish rich in Vitamin C, lemon and papaya concentrate. This is followed by a relaxing massage with a vitamin wrap that is gently applied to the body.

*50 minutes: £95 weekdays // £105 weekends*

### **MARINE WORKS**

Combining micronised algae and seawater to achieve a significant anti-cellulite therapy, this treatment reduces the appearance of cellulite by eliminating fat and stimulates drainage. The treatment commences with our Aromatic Exfoliation followed by an algae wrap and completed with an application of moisturising sea water.

*50 minutes: £95 weekdays // £105 weekends*

### **TIME FOR MUM**

A revitalising Vitamin C experience that provides an extra-ordinary regenerating effect on the body, stimulating collagen production to improve firmness and suppleness. Your treatment starts with a body polish rich in Vitamin C, lemon and papaya concentrate, followed with a vitamin wrap that is gently applied to the body. Finally enjoy an express facial to refresh and revitalise the skin.

*80 minutes: £145 weekdays // £155 weekends*

### **NEXT ARRIVAL**

Using ethically sourced Baobab seed oil, this African-inspired full body massage is perfect during pregnancy. The blend of natural oils provides anti-inflammatory benefits, a reduction in stretch marks and increased skin elasticity. A luxurious and energising experience.

*50 minutes: £95 weekdays // £105 weekends*

### **C-PLUS ENERGY WITH CHI ZEN MASSAGE**

Based on a cocktail of plant extracts and vitamins, this therapy has been designed to specifically meet the needs of men's skin, often irritated by the daily ritual of shaving. Highly relaxing and extremely effective, this treatment is combined with a pressure point Chi Zen Back Massage.

*80 minutes: £145 weekdays // £155 weekends*

### **JUST FOR HIM**

Our skilled team of therapists will provide you with the most prescriptive treatment designed especially for your skin's needs. It includes a highly relaxing lymphatic drainage facial massage, together with a scalp massage. This treatment promises to leave your skin fresh clear and radiant.

*50 minutes: £95 weekdays // £105 weekends*

### **A TOUCH OF SPICE**

This highly relaxing massage treatment uses exquisite oriental flowers and Macadamia oil together with pindas containing exotic spices such as cardamom, cinnamon and poppy seeds. The steamed pindas are dipped within the warm oil allowing the exquisite aromas to be released. Whilst you relax they are massaged over the body for an invigorating and unforgettable massage.

*50 minutes: £100 weekdays // £110 weekends*

### **TIMEXPERT RIDES INTENSIVE EYES**

An intensive eye treatment that uses our Germanium Wand to lift and drain, followed by the application of our eye balm to reduce lines and wrinkles.

### **GLYCOCURE RENEWING PEEL**

An advanced exfoliation peel to eliminate dead skin cells, detoxify the dermis and reduce congestion.

### **EXPRESS FACIAL**

Designed especially for you skins needs, this express treatment includes a cleanse, exfoliation and facial massage to leave the skin healthy and glowing.

### **BODY EXFOLIATION**

This exquisite exfoliation uses extracts of Diamond, Malachite, Amethyst, Sapphire and Ruby to renew the skin and energise the body.

### **BAOBAB SCALP MASSAGE**

A nourishing and moisturising neck and scalp massage utilising the benefits of ethically sourced Baobab seed oil. A highly effective stress relieving experience ideal to add to any treatment.

*All 20 minutes: £45 weekdays // £50 weekends*



## WELLNESS THERAPIES

### **ROSE & HONEY HARMONY FACIAL**

Soothing stressed & sensitive skin.

This facial is designed to help alleviate symptoms of dry, flaky and sensitive skin. Soothing pure Rose Hip Oil, known for its healing properties, is combined with our de-stressing Royal Jelly Elixir to revitalise dull tone whilst helping the skin regain its natural immunity against daily aggression. Your facial is complete with our 5 rose petal mask which soothes skin prone to sensitivity brought on by emotional and physical stress from medication. A luxurious gentle touch and healing massage with Obsidian and Onyx stones will help to restore peace to the mind and soul.

*65 minutes: £110 weekdays // £120 weekends*

### **CALMING HAND, FOOT & SCALP THERAPY**

Intense nourishment & hydration.

Chemical treatments can cause extreme dryness on hands and feet whilst causing hair thinning and hair loss. This therapy is designed to help prevent and counteract these problems. Your therapy begins with a gentle exfoliation on the hands, feet and nail beds, without the use of water baths to help maintain a healthy pH level. A deeply and hydrating mask is then applied to relieve extreme dryness and dehydration. Finally, completely relax and unwind with our revitalising scalp massage - using Baobab hair oil to revitalise the hair and soothe the scalp.

*80 minutes: £145 weekdays // £155 weekends*

### **ALOE & MINT COOLING BODY THERAPY**

Light touch body & scalp massage.

This gentle therapy combines the power of semi-precious stones to restore harmony to the mind, with a gentle cooling massage to soothe the body. Your light touch massage uses products rich in Aloe Vera to deeply hydrate the skin, Lemon Oil to purify and Mint to refresh the body. Additional Rose Hip Oil soothes, nourishes and reduces irritation. Your therapy is completed with a de-stressing scalp pressure massage to aid relaxation.

Ideal after Radiation therapy.

*95 minutes: £155 weekdays // £165 weekends*







## *Medi-Spa Advanced Therapies*

### ABOUT OUR MEDI-SPA THERAPIES

The Spa at The Landmark London Medi-Spa therapies provide effective and innovative solutions to address and correct both face and body concerns such as:

Lines & Wrinkles,  
Pigmentation & Dark Spots  
Acne & Scarring,  
Flaccidity & Loose Skin  
Cellulite  
Stretch Marks

Our Medi-Spa therapies use the advanced technology of the Efficacy machine and its three dynamic platforms; Radio Frequency, Digital Transdermal Induction and Vacuum Push-Pull.

The advanced Efficacy machine is combined with Germaine de Capuccini's Synergyage cosmeceutical products which contain effective and safe formulations in maximum concentrations to treat dermatological problems.

This unique combination of advanced technology with powerful ingredients provides immediate and lasting results.



## EFFICY MACHINE FACIAL THERAPIES

*Efficy Facials can also be booked as a 35 min add-on:  
£55 weekdays // £65 weekends  
Course of 6: £475 weekdays // £525 weekends*

### **SYNERGYAGE CLINICAL PEEL**

A deeply renewing and anti-oxidising facial peel suitable for even the most sensitive of skin.

Our AOX system stimulates the synthesis of collagen and elastin, reduces pigmentation and dark spots whilst hydrating and renewing the skin. 100% of clients show visibly renewed skin which is smoother, more luminous and firmer\*.

*50 minutes: £95 weekdays // £105 weekends*

*Course of 6: £475 weekdays // £525 weekends*

\*Self-assessment test on 112 individuals after 4 treatments

### **INTENSIVE WRINKLE & LIFT**

This treatment repairs damaged tissue and stimulates the production of new collagen. Concentrated collagen extract together with tetrapeptides decrease the appearance of lines and wrinkles while improving firmness and suppleness.

*80 minutes: £145 weekdays // £155 weekends*

*Course of 6: £725 weekdays // £775 weekends*

### **FACIAL CONTOURING**

Ideal for a heavy jaw and neck line using radio frequency, this treatment increases oxygenation and nourishment of the skin tissues. It also helps to eliminate excess fluid as well as toxins and improves drainage to accentuate the facial contour.

*80 minutes: £145 weekdays // £155 weekends*

*Course of 6: £725 weekdays // £775 weekends*

### **ANTI PIGMENTATION BRIGHTENING FACIAL**

Reducing areas of pigmentation and dark spots while giving the skin a more even tone. This treatment begins with a Glycolic Peel to renew the skin's surface and gel to induce carboxytherapy. A fluid concentrate is then applied with our Digital Transdermal equipment followed by an intensive correction mask to prevent further dark spots appearing.

*50 minutes: £95 weekdays // £105 weekends*

*Course of 6: £475 weekdays // £525 weekends*

### **ANTI AGEING EYE TREATMENT**

For the delicate contour of the eye, this treatment tightens collagen fibres and increases the production of new collagen to decrease expression of lines and wrinkles. Fluid drainage is improved and the skin is left tightened and hydrated.

*50 minutes: £95 weekdays // £105 weekends*

*Course of 6: £475 weekdays // £525 weekends*

### **INTENSIVE ACNE CORRECTION**

The ideal treatment for clients suffering with acne or rosacea and high sensitivity. With use of the Digital Transdermal equipment, this facial eliminates imperfections, reduces oil secretions and promotes healing. Using active ingredients of Aslavital and Ghassoul Clay with antiseptic properties, this helps to detoxify, soothe and heal the skin.

*50 minutes: £95 weekdays // £105 weekends*

*Course of 6: £475 weekdays // £525 weekends*

## EFFICY MACHINE BODY THERAPIES

### **LIPO REDUCTION**

Perfect for clients wanting to reduce stubborn areas of fatty tissue and cellulite, this treatment uses radio frequency with advanced vacuum therapy which produces fluidification of accumulated fat and helps to eliminate the fibrotic tissue that appears in cellulite. Applications of concentrated ingredients are used including Alaria Esculenta to stimulate collagen production and Rhodisterol to stimulate the breakdown of fats.

*80 minutes: £145 weekdays // £155 weekends*

*Course of 6: £725 weekdays // £775 weekends*

### **SHAPE & LIFT**

A shaping treatment using radio frequency, targeting specific areas to reduce water retention, toxins and waste products. Additionally it helps to improve the blood flow to the area.

*80 minutes: £145 weekdays // £155 weekends*

*Course of 6: £725 weekdays // £775 weekends*

### **BODY FIRMER**

A tightening and toning treatment using Radio Frequency aimed at improving the suppleness of the skin. The collagen fibres are shortened to give an immediate effect with long term results through production of new collagen in the skin. Ideal for targeting problem areas with lack of skin firmness such as the arms, abdomen, buttocks or thighs.

*80 minutes: £145 weekdays // £155 weekends*

*Course of 6: £725 weekdays // £775 weekends*

### **BUST INTENSIVE**

Repairs deteriorated skin tissue caused by natural ageing, pregnancy or sun damage. Radio frequency used with Alaria Esculenta extract boosts collagen production and increases oxygenation and nutrition to the delicate area of the bust.

*50 minutes: £95 weekdays // £105 weekends*

*Course of 6: £475 weekdays // £525 weekends*

### **POST NATAL RECOVERY**

Known to reduce volume, improve the tone and suppleness of the skin in the body post pregnancy. The treatment accelerates the repair and regeneration of the skin tissues while improving the anti-inflammatory process and facilitating the drainage of liquids.

*50 minutes: £95 weekdays // £105 weekends*

*Course of 6: £475 weekdays // £525 weekends*

### **STRETCH MARK REPAIR**

This is an effective treatment for both new red and elevated stretch marks as well as older white and sunken lines. While this treatment is designed for improvement not elimination, the results are highly visible, improving the structure of the connective tissue as well as increasing the suppleness and tone.

*50 minutes: £95 weekdays // £105 weekends*

*Course of 6: £475 weekdays // £525 weekends*



## HALF DAY SPA PACKAGES

We welcome all of our guests on half day spa packages to use the spa facilities prior to treatment. All packages include a personal consultation with your therapist before your treatment begins.

### **SOOTHE ME**

An indulgent package to soothe and balance as well as nurture the mind, body and soul... Your package begins with a refreshing foot cleanse followed by a warm pinda massage to induce relaxation. Finally, relax and enjoy a prescriptive spa facial therapy designed to meet the needs of your skin concerns.

*2 hours 20 minutes: Mon-Fri £235 // Sat-Sun £245*

### **AWAKEN ME**

A package designed to recharge your energies, in the most relaxing of ways...

Your package begins with an invigorating body polish rich in marine salts to energise and smooth the skin, followed by a hydrating body wrap to nourish the skin before an aromatic body massage using a customised blend of aromatherapy oils to meet your specific needs.

*2 hours 20 minutes: Mon-Fri £235 // Sat-Sun £245*

## FULL DAY SPA PACKAGES

Indulge in one of our "Get-away-from-it-all" packages. All full day packages include lunch in the Great Central Bar & Restaurant Monday - Friday or Afternoon Tea in the Winter Garden Saturdays and Sundays.

### **DELIGHT ME**

The delightful experience begins with a nourishing Choco Body Exfoliation and Choco Body Wrap to deeply renew and hydrate the skin. Once your wrap is removed, enjoy a relaxing hot and cold Obsidian stone massage providing the most extraordinary sensation of deep relaxation. After lunch, continue to unwind with a Scalp Massage and Honey and Rose Facial rich in natural botanical ingredients to protect and restore stressed skin.

Includes Lunch (Mon-Fri) or Afternoon Tea (Sat-Sun)  
*3 hours 20 minutes: Mon-Fri £350 // Sat-Sun £360*

### **ENRICH ME**

Your enriching experience begins with a warm pinda massage followed by gentle stretches with a silk foulard to ease out tensions from the neck, back and shoulders. Next enjoy a Precious Stones Exfoliating Massage to renew, smooth and re-mineralise the skin leaving you re-energised, with a subtle glow. After lunch, your skin will be treated to a prescriptive facial therapy tailored for your skin type and concerns.

Includes Lunch (Mon-Fri) or Afternoon Tea (Sat-Sun)  
*3 hours 20 minutes: Mon-Fri £350 // Sat-Sun £360*

## TERMS & CONDITIONS

### OPENING HOURS

Monday – Friday: 6:30am – 10:00pm  
Saturday – Sunday: 7:00am – 9:00pm

### CANCELLATION POLICY

A 100% charge will be incurred for late cancellations or no shows. Please note we require 24hrs cancellation notice for individual treatments and 48hrs for packages. A credit card number is required at the time of booking to secure your reservation.

### GIFT CARDS

Gift cards are available to purchase at The Spa at The Landmark London and on the hotel's website. Gift cards are non-transferable and non-refundable. Please be aware that there will be no extensions to the expiry date on the gift voucher purchased.

### ADVANCE BOOKINGS

We recommend booking your treatments in advance to guarantee your preferred time and service. We offer complimentary use of the spa facilities for the day when you book two or more 50 minute treatments per person. When booking one 50 minute treatment the use of the facilities for the day can be added for an additional price of £30 per person.

### ONLINE BOOKINGS

The Spa at The Landmark London offers online booking allowing our guests to see live availability and book treatments 24 hrs a day. Please visit our website for more information.

### SPA ETIQUETTE

For the comfort of all our spa guests, photography and the use of mobile phone is strictly prohibited at The Spa at The Landmark London. Please ensure you respect all spa guests' right to privacy and serenity. Please ensure that appropriate swimwear or gym attire is worn while using the various spa facilities.

### SPA ARRIVAL

We invite you to arrive 20 minutes prior to your appointment time. This will allow you plenty of time to complete the consultation card. Kindly note that additional time beyond the scheduled treatment period will not be granted in case of late arrivals. Treatment times are inclusive of consultation and home advice. Bathrobes and slippers will be provided.

### USE OF THE SPA FACILITIES

You are welcome to join us in the spa and use our facilities without a treatment booking. Please contact the spa reception for adult and child day pass prices. Please note that Spa Day Passes can not be redeemed on Bank Holiday Weekends.

### HEALTH CONDITIONS

Please advise us of any health conditions, allergies or injuries when making your spa reservation as a doctor's note may be required.

### PREGNANCY

We have specially designed treatments for expectant mothers in their second and third trimesters. Please contact the Spa Reception for further information and to help you make the correct treatment choice.

### AGE REQUIREMENT

Children's hours apply for the use of the swimming pool. Children will not be allowed to use the facilities out of these hours.

### CHILDREN'S HOURS:

Monday - Friday: 6:30am - 10:00am & 3:30pm - 5:30pm  
Saturday - Sunday: 7:00am - 10:00am & 6:30pm - 9:00pm  
\*Children's hours are subject to seasonal change. Please contact the Spa team for further information.

Children under the age of 16 using the swimming pool must be accompanied by a responsible adult aged 16 or over. In the case of more than one child wishing to use the pool, supervision must be:  
One adult to one child if the child is under three years  
One adult to two children if the children are three years+  
Persons under the age of 16 are prohibited from using the gymnasium and steam room.

### LOSS OR DAMAGE

Please keep all valuables locked in the locker provided during your visit. We regret that we cannot be held responsible for any loss or damage of personal articles.

### RETAIL PRODUCT BOUTIQUE

To continue your spa experience at home, all spa products used can be purchased from our spa boutique on departure.



THE SPA AT THE LANDMARK LONDON  
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